



PREP HOCKEY

ACADEMIC EXCELLENCE

CHARACTER GROWTH

ATHLETIC PURSUIT

2020/2021

PREP HOCKEY





ABOUT

# THE HILL ACADEMY

The Hill Academy was founded in 2006 in order to provide optimal academic and athletic programming for dedicated student-athletes. Hill graduates have been placed in some of the most prestigious academic and athletic institutions in the world, and many have gone on to become premier professional athletes in their sport. The Hill Academy is an institution for students who are committed to striving academically, and who would like an opportunity to take an in-depth exploration into their respective sport.

Hill Academy students are engaged in an outstanding academic program and a high performance athletic program specifically designed for their development. From the academic and athletic departments, the guidance department, and the strength and conditioning program, everything is fully integrated.

## Individual Attention

The Hill Academy provides academic and athletic programs tailored to each individual based on assessments and goals of the student-athlete.

## Disciplined Environment

The Hill Academy provides a disciplined and challenging program, with a high level of care and accountability. All of which is constructed in a positive, respectful and healthy environment.

## Life Long Learning

The Hill Academy provides educational and athletic situations that will form the bases for life long learning.

## Leadership

The Hill Academy provides opportunities for student-athletes to learn leadership skills, teamwork and personal responsibility.



# REACHING YOUR HIGHEST LEVEL OF **ACHIEVEMENT**



Hill academic and athletic programs are established to encourage, challenge, and motivate student-athletes to reach their own **HIGHEST LEVEL** level of achievement.

Hill student-athletes are taught to make decisions and to work through his/her academics and athletics **INDEPENDENTLY**.

Support will be provided on an ongoing basis with the goal of preparation for “the next level”.

The Hill student-athlete will be given the opportunity to develop and improve **LEADERSHIP** skills. These skills can be applied throughout the student athlete’s life.

The Hill student-athlete will be shown the value of legacy, and will be provided with many opportunities to leave a positive **LEGACY** at every point of contact.



# ACADEMIC EXCELLENCE

OUR GOAL IS TO IGNITE A LOVE AND PASSION FOR SCHOOL, AND TO EMPOWER A PURSUIT OF ACADEMIC EXCELLENCE.

WE WILL ENCOURAGE HILL STUDENTS TO EXPLORE THE BOUNDARIES OF THEIR POTENTIAL.

WE PROMOTE INDEPENDENT THINKING IN A SAFE, CARING, FAMILY ATMOSPHERE.

The Hill Academy offers enriched academic programming for students aged 9 to 18 years. We adhere to the Ontario Curriculum with a focus on key concepts and essential skills in Literacy and Numeracy.

Our supportive class settings and small Class Sizes (15:1 student/teacher ratio) ensure students' academic and emotional needs are met.

We believe that consistent communication with students and parents forms a foundation of teamwork and a sense of togetherness as we navigate through the academic experience.

On a daily basis, time and support are provided for direct teacher dialogue to work on personal academic goals. Ongoing formative assessments are in response to student strengths and needs.

# THE HILL ACADEMY

## HY-FLEX LEARNING FOR STUDENT-ATHLETES

AT THE HILL ACADEMY, WE KNOW THAT FOR ANY OF OUR TEAMS TO BE SUCCESSFUL THEY NEED A GOOD PLAYBOOK.

OUR ACADEMIC PLAYBOOK HAS EVOLVED TOWARDS A HY-FLEX MODEL.

What is a HyFlex Model?

- A course designed model that accommodates learning in a flexible course structure in order to optimally meet the challenges and demands of a student-athlete.
- It leverages technology in an intentional way to ensure that the face-to-face and remote learning experiences have equal engagement and success levels for students.

What does this mean for my child's schedule?

- Student-athletes will be provided the flexibility to attend classes live in the physical classroom with their teacher and classmates, participate remotely synchronously, participate at school asynchronously or participating remotely asynchronously.
- For example a grade 10 History class may have 15 students:
  - 5 students are in class with the teacher (**live face to face synchronous learning**)
  - 4 boys are travelling with their team and will view the lesson and complete work online later in the day supervised by their coach (**remote asynchronous learning**)
  - 3 girls are travelling with their team and do not have a game while class is on. They will participate in the class with the teacher and 5 other students in real time through an online portal (**remote synchronous learning**)
  - 3 other students were called up to participate in the senior Prep lacrosse practice and missed class. They will be in a supervised environment on campus during their regularly scheduled practice time where they will use our Learning Management System to access the lesson and complete the work (**on campus asynchronous learning**)

What will students be able to see when they are in an asynchronous learning situation?

- Students will have access to class materials to be completed at a time that works for their schedule. These class materials include but are not exclusive to: pre-recorded lessons (video or audio files), self-guided lesson modules, streaming video content, assigned reading, posted lecture notes, and discussion boards.



# THE HILL ACADEMY HY-FLEX ACADEMIC PLAYBOOK

1 CLASS  
ACCESSIBLE FOUR WAYS

LIVE FACE  
TO FACE



ON CAMPUS  
ASYNCHRONOUS  
LEARNING



REMOTE  
ASYNCHRONOUS  
LEARNING



REMOTE  
SYNCHRONOUS  
LEARNING



FOR MORE DETAIL ON THIS MODEL AND OTHER  
ACADEMIC INFORMATION PLEASE REQUEST THE FULL  
VERSION OF OUR HYFLEX ACADEMIC PLAYBOOK



# ATHLETICS

# HOCKEY



HILL HOCKEY ATHLETES  
HAVE AN AMAZING  
HOCKEY SUPPORT  
SYSTEM TO HELP THEM  
ACHIEVE ALL THEIR  
GOALS IN THE GAME.

- PROFESSIONAL LEVEL COACHING
- FOCUS ON INDIVIDUAL SKILL DEVELOPMENT
- ELITE POWER SKATING AND SHOOTING COACHES
- FUN AND COMPETITIVE ATMOSPHERE

The Hill Academy Hockey Department is dedicated to enabling our student-athletes to reach their highest level of achievement. Whether the goal is to reach the post-secondary, national, international, or professional level, our staff is committed to developing a strong foundation, which will be the springboard for future success.

Hill Hockey incorporates intensive on-ice training and skill development, leading strength and conditioning, elite level coaching, sports psychology and team building sessions. All provided in an academic environment in which a student-athlete can thrive.



# ATHLETIC PURSUIT

## TOP TIER

Considered one of North America's premiere hockey programs for student-athletes

50+

Hill graduates have received D1 hockey scholarships

15

Alumni currently playing in the OHL

21

Alumni currently playing in the NHL

80%

Average % of graduates that are Ontario Scholars

3

Current Alumni rated as NHL top prospects



## OVERVIEW

# PREP HOCKEY

The Hill Academy Prep Hockey Program is meticulously designed to enhance individual skill development and provide players with a positive skill-building environment that emphasizes hard work, development, discipline, and fun. The Hill Prep Hockey program is designed to best prepare our players for the next level while providing NCAA, OHL, USHL, and JR. A exposure and opportunities.

We provide a safe and educational learning environment while making our players accountable for their actions both on and off the ice. The Hill Prep Hockey Program provides a rigorous and elite level, school year round schedule with daily practices and professional level coaches.

### In support.....

- 90+ practices over the school year
- A very competitive game schedule with exposure throughout Canada and the United States
- NCAA and Jr. A facility tours and meetings with coaches
- Development of a hockey resume and guidance with next level placement

The Hill Academy attracts players that are first and foremost quality people. A Hill Academy prospective student-athlete will be examined for academic, athletic, and personal qualities, all which will be taken into consideration in the admissions process.



# PREP HOCKEY DEVELOPMENT PLAN

## Weekly Practice Outline

**Monday** - Non-athletic  
(guest speaker/team session)

**Tuesday** - Individual Skill Development  
(power skating, stick handling, shooting)

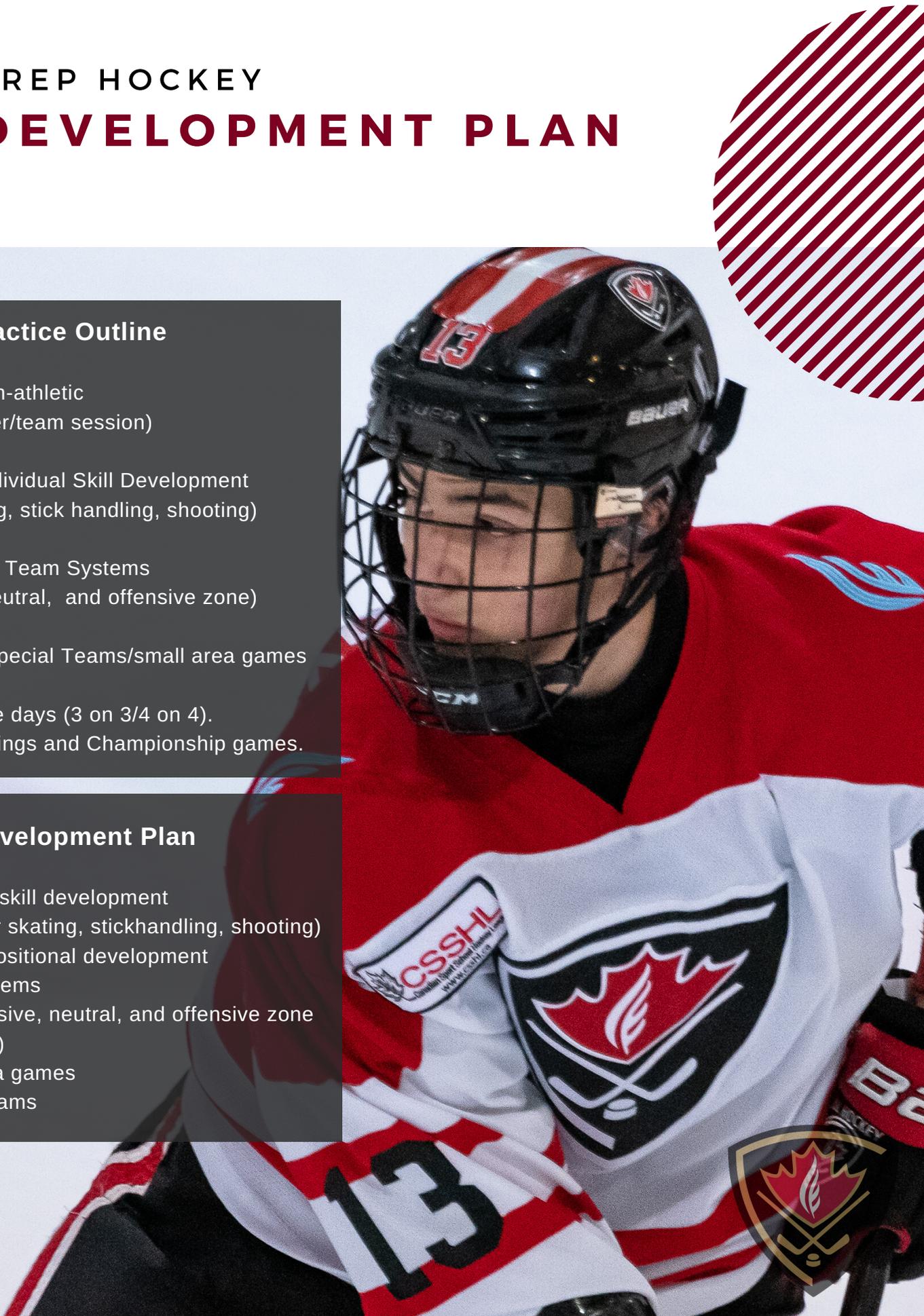
**Wednesday** - Team Systems  
(defensive, neutral, and offensive zone)

**Thursday** - Special Teams/small area games

**Friday** - game days (3 on 3/4 on 4).  
League standings and Championship games.

## Season Development Plan

- Individual skill development
  - (power skating, stickhandling, shooting)
- Specific positional development
- Team systems
  - (defensive, neutral, and offensive zone tactics)
- Small area games
- Special teams



## PREP HOCKEY

# LEAGUES

The Prep Hockey teams U16 and U18 are members of two leagues, the East Coast Elite League and the Canadian Sport School Hockey League. The schedule is complemented with other highly recognized and scouted tournaments across North American as well as NCAA Showcase weekends.

### East Coast Elite League ([www.ecelhockey.com](http://www.ecelhockey.com))

- 4 showcase weekends in the United States
- League website including standings, team and individual statistics
- All games streamed online
- All Star weekend and Championship weekend

### CSSHL ([www.cssh.ca](http://www.cssh.ca))

- 5 showcase weekends in Canada
- League website including standings, team and individual statistics
- All games streamed online
- Championship weekend



# OUR COACHING STAFF



DOUG ORR,  
GENERAL MANAGER OF PREP HOCKEY

Doug Orr has over ten years of experience working in the hockey training business. Doug played his college hockey at McGill University before playing 5 years of professional hockey in the United States, Germany, and Holland. After retiring from playing professional hockey, he became the Head on Ice Instructor at National Training Rinks in Newmarket. Doug's coaching background includes Directing the Seneca College Hockey Camp for 10 years, as well as running tryouts and training camps for teams in the Greater Toronto area for the past several years. Before arriving at The Hill, Doug was an assistant coach with the Stouffville Spirit Junior A Hockey club.



TRAVIS WIGHT,  
HEAD COACH OF U18 PREP HOCKEY

This fall Coach Wight will be heading into his sixth year as a coach for the Prep hockey team. Travis is a Graduate from the University of Maine. After playing NCAA Division 1 Hockey for the Black Bears, Travis went on to play 8 years of Professional hockey, including one season in Holland with Doug Orr, our General Manager of Prep Hockey. During his Professional playing career Travis was also able to complete his Master's degree in Education.



BRETT ROBINSON,  
HEAD COACH OF U16 PREP HOCKEY

Brett has an extensive and impressive hockey background. Brett received a NCAA Division 1 scholarship to Mercyhurst University. He played 4 seasons with the Lakers and graduated with a BA in Sport Business. After graduating Brett went on to play more than 500 games professionally throughout his 10-year career across the United States and Europe. Brett has a strong desire to teach and develop future players. The past 3 years Brett has focused on coaching and high-level on-ice skill development for athletes of all ages, including NHL, NCAA, OHL and Jr.A players.

## ALUMNI

## TESTIMONIALS



MITCH MARNER, TORONTO MAPLE LEAFS

"The Hill Academy definitely helped me get to the NHL. It's an atmosphere where everyone wants to be at their best." ~ Mitch Marner



LAURA STACEY, TEAM CANADA OLYMPIAN

"The Hill Academy helped me as an athlete by putting me in an environment where I was constantly going up against some of the best athletes in the world." ~Laura Stacey



COLE PERFETTI, NHL TOP PROSPECT

"The Hill prepared me academically and athletically in a number of ways. With days starting at 8am and not getting home until 5pm, the Hill schedule prepared me for the time management skills required to balance academics and OHL hockey. The small class sizes and accountability each student-athlete had ensured that you were successful and built a solid base for moving to the next level. The Hill school day (working out, skating, and going to class), also mimics the day-to-day life of an OHL player."

~Cole Perfetti



SHANE WRIGHT, NHL TOP PROSPECT

"I was a student athlete at the Hill Academy for 3 years, for grades 7, 8, and 9. Those were some of the best years of my life, I made some great friends there, and I think the Hill Academy did a great job setting me up for success. They pushed me to be the best I could be, and to always try to make myself be better. From the coaches, to the gym, to the classroom, they are always trying to get the most out of their students, and they were never complacent with where the students were at with were their skill levels. I think the Hill Academy really helped me grow as a person and I don't think I'd be as successful as I am without having those years at the Hill Academy." ~Shane Wright

## NHL

Michael Carcone - Ottawa Senators  
Graeme Clarke - New Jersey Devils  
Michael Dal Colle - New York Islanders  
Kaden Fulcher - Detroit Red Wings  
Thomas Harley - Dallas Stars  
Nikita Korostelev - Toronto Maple Leafs  
Johnny Kovacevic - Winnipeg Jets  
Brendan Lemieux - New York Rangers  
Miles Liberati - Vancouver Canucks  
Ryan Lomberg - Calgary Flames  
Matia Marcantuoni - Pittsburgh Penguins  
Mitch Marner - Toronto Maple Leafs  
Brett Murray - Buffalo Sabres  
Cody Payne - Boston Bruins  
Markus Phillips - Los Angeles Kings  
Nicholas Porco - Dallas Stars  
Brett Ritchie - Boston Bruins  
Nick Ritchie - Anaheim Ducks  
Devin Shore - Anaheim Ducks  
Daniel Renouf - Detroit Red Wings  
Tyler Weiss - Colorado Avalanche

## NCAA

### Atlantic Hockey

Rochester Institute of Technology  
Robert Morris University

### Big Ten

University of Michigan  
Ohio State University  
Penn State University

### ECAC Hockey

Brown University  
Clarkson University  
Colgate University  
Cornell University  
Dartmouth College  
Harvard University  
Union College  
Yale University

### Hockey East

Boston College  
Boston University  
University of Connecticut  
Maine University  
Merrimack College

TO SCHEDULE A VISIT PLEASE  
CONTACT DOUG ORR

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