

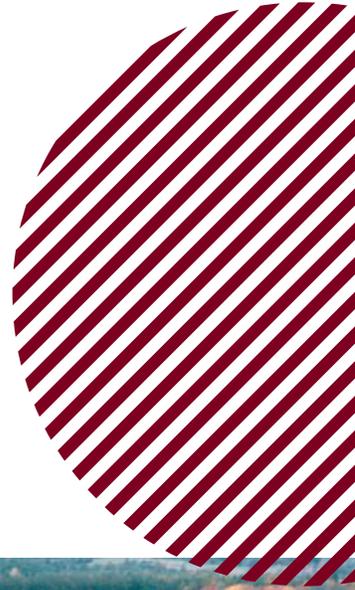
THE HILL ACADEMY



18-45 HILL PRIDE

DAILY HEALTH
& SAFETY PLAN

FALL 2020



FALL 2020

HEALTH & SAFETY PLAN

We hope everyone is staying safe and keeping well through these summer months. The 2020-2021 school year is quickly approaching, and we are excited to kick off our inaugural year at our brand-new campus in Caledon! Our Senior Leadership Team understands the concerns and the questions of our Hill community and we want to help by offering our protocols for a safe opening of our campus for in-person programming in September.

Our leadership team has been researching the guidelines from [Ontario Ministry of Education](#), [Sick Kids' COVID-19: Recommendations for School Opening](#), [Harvard School of Public Health's Schools for Health: Risk Reduction Strategies for Reopening Schools](#), Provincial and National Sport Organizations, and school organizations from across Canada and the world that have re-opened, in order to develop a model that provides optimal programming for our student-athletes while prioritizing health and safety of our staff and students.

We pride ourselves on our ability to be flexible and innovative while maintaining our strong school culture and HILL core values. We are prepared to adapt our model when and if there are changes to provincial guidelines and/or restrictions. We are committed to providing a safe and healthy environment for our student-athletes and staff in their pursuit of academic, athletic and personal excellence. We hope everyone in the Hill community is looking forward to a great year!



MINIMIZING PUBLIC HEALTH RISKS:

As stated in Sick Kids' COVID-19: Recommendations for School Opening, "... current evidence and experience support the concept that children can return to school in a manner that maximizes children's health and minimizes risks from a Public Health perspective."

The health and safety of The Hill community along with providing exemplary programming for our student-athletes are our priorities. While we cannot entirely eliminate all risk of spreading infections, including COVID-19, the following measures will be in place in order to mitigate the risk as best we can.

Mandatory COVID Test Prior to School Start:

- All staff and students must undergo a COVID test (more recent than August 24th), prior to coming to campus.
- Proof of a negative result must be sent to Kyle Kallay (KKallay@thehillacademy.com) as part of the 2020-2021 enrolment process.
- If a staff or student tests positive in a diagnostic COVID-19 test but does not exhibit symptoms, they are not permitted back on campus until:
 - At least 10 days have passed since the positive result in the diagnostic test (assuming no symptoms appeared during that time).
 - OR negative results from at least two consecutive COVID-19 tests are collected more than 24 hours apart.

Daily Screening:

- A mandatory self-administered questionnaire will be performed by all staff and student-athletes on a daily basis, prior to arriving on campus.

Exhibiting Symptoms Off Campus:

- If a student or staff member exhibits symptoms of COVID-19 (identified on our daily screening form) outside of The Hill Academy campus, they must stay home and contact Jennifer Bell (Jennifer.Bell@thehillacademy.com) for further direction.

Exhibiting Symptoms Off Campus:

- If a student or staff member exhibits symptoms of COVID-19 (identified on our daily screening form) outside of The Hill Academy campus, they must remain in isolation until:
 - At least 14 days have passed since symptoms first appeared.
 - At least 3 days (72 hours) have passed since recovery (defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms, e.g. cough, shortness of breath).
 - Negative results from at least two consecutive COVID-19 tests are collected more than 24 hours apart.



MINIMIZING PUBLIC HEALTH RISKS:

Exhibiting Symptoms On-Campus:

If a student is identified with potential COVID-19 symptoms, they will be taken to a designated area within the Main Building wearing an appropriate PPE.

Administration will contact the parent, guardian, or emergency contact, who will pick up the student within 60 minutes at the front of the Main Building on the campus.

- As per Peel Public Health, the parent/ guardian/ emergency contact will be advised to contact their health care provider, Telehealth Ontario at 1-866-797-0000 or Peel Public Health Caledon (905-584-2216).

Promoting and Managing Effective Hand Hygiene:

- Staff and students will undergo training on how to clean their hands properly, respiratory etiquette and a schedule for routine hand hygiene.
- Staff will model and remind students to avoid touching their face, eyes, nose and mouth as much as possible.
- Signs will be posted throughout the school to remind students, staff and essential visitors of hygiene protocols.
- Hand hygiene facilities (hand sanitizer dispensers and sinks/soap) will be readily accessible for students and staff.

Cleaning Protocol:

- The frequency and intensity of cleaning protocols throughout the entire school will be increased with a focus on high touch zones.
- Cleaning products will be distributed throughout the school to wipe down surfaces before and after use.
- Ongoing cleanings will include daily deep sanitizing of every room.

Non-Medical/ Medical Face Mask: Mandatory

- In the region of Peel, it is mandatory to wear a mask inside public spaces. Anyone inside a building on the Hill Academy campus must be wearing a mask.
- Staff and students will undergo training on how to safely wear, care for, clean or discard, and store their masks.

Physical Distancing:

- There will be a two-metre physical distancing requirement wherever possible on campus.
- Small class sizes will be enforced in order to ensure appropriate distancing. Furniture in classrooms will be arranged to encourage distancing.
- There will be supervised flex areas that will support students in appropriate distancing during the school day.
- Outdoor spaces will be used whenever possible, weather permitting.
- There will be a staggered dismissal of classes to avoid crowding in the hallways.



MINIMIZING PUBLIC HEALTH RISKS:

Group Distancing:

There will be distinct groups within the school, based on grades, that will be kept separate wherever possible in order to limit transmission chains.

Assemblies will be virtual for the immediate future.

Separate entrances and exits, bathrooms and changeroom times will be assigned for these distinct groups of students.

Increasing Outdoor Air Ventilation:

- Weather permitting, within classrooms, windows to the outside will be open to bring in more outdoor fresh air.

Limiting the Number of People on Campus:

- Unless essential, visitors will not be permitted on campus. If essential, the visitor must undergo screening prior to arrival on campus.
- Parent/ guardian meetings will be conducted virtually or by phone.
- Staff that are able to work from home will do so, reducing the number of interactions on the campus.
- Staff meetings will be conducted virtually.

On-Campus Meals:

- Students will have the option to sign up for daily lunch service. Lunches will be individually packaged in the form of “bagged lunches”.
- The sharing of food items or lunches will not be permitted and it is recommended that all students have their own labelled water bottle.
- Students will have designated lunch areas to enforce physical distancing and ensure chances of contact and transmission are minimized.
- More details about the optional lunch service will be communicated in August.



MINIMIZING PUBLIC HEALTH RISKS:

Transportation:

- Daily screening survey must be completed prior to getting on The Hill Academy daily transportation.
- Masks are mandatory for everyone on a bus.
- Windows on the bus will be open (even in bad weather).
- The number of students in each school bus will be reduced to allow for physical distancing.

Travel and Quarantine:

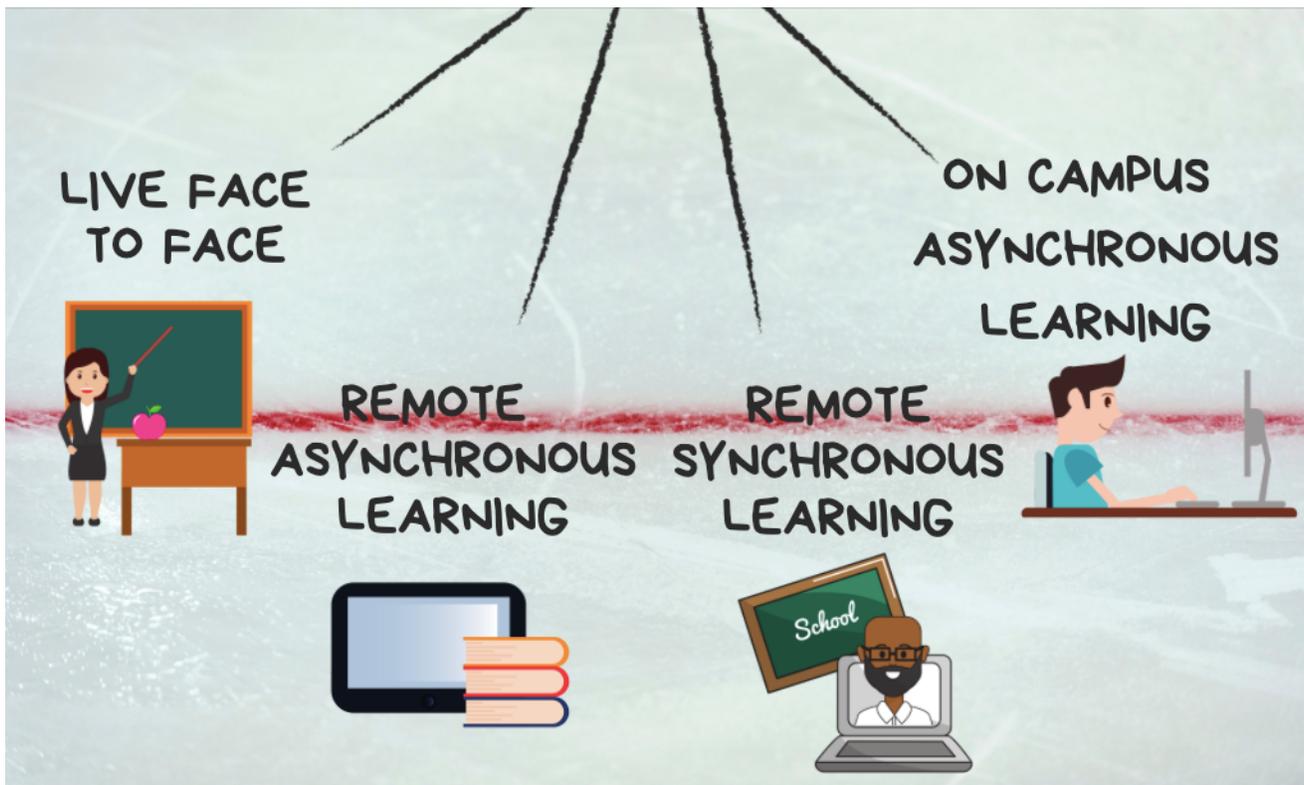
- Under the [Quarantine Act](#), put in place by the Government of Canada, it is mandatory for all travellers arriving in Canada to quarantine for 14 days.
- If a student is arriving from another country and is unable to make arrangements to quarantine, please contact Cindy Bush (cindy@thehillacademy.com). The Hill Academy has made arrangements with local hotels for students to quarantine if necessary, for which there is a fee.
- Residence move in day: September 7th, 2020; quarantine must begin no later than August 24th, 2020.
- If family members that live in the same household travel to a high-risk country with increased COVID-19 cases, the family member must follow the quarantine guidelines in order for the student or staff to be able to be on the Hill Academy campus.



ACADEMIC HYFLEX PROGRAMMING:

With a hybrid-flexible model, the Hill Academy student athlete can attend classes on the physical campus or in the remote learning environment. Student-athletes will be provided the flexibility to attend classes live in the physical classroom with their teacher and classmates, participate online synchronously, participate online asynchronously or complete their classroom material on-campus asynchronously.

- Live in classroom:
 - Students attend class in the physical classroom with face-to-face interaction with the teacher and classmates.
- Online synchronously:
 - Students are able to attend and participate in a live class with their teacher and peers from a remote setting with WIFI access.
- Online asynchronously:
 - Students have access to class materials to be completed at a time convenient to them. These class materials include but are not exclusive to: pre-recorded lessons (video or audio files), self-guided lesson modules, streaming video content, assigned reading, posted lecture notes, and discussion boards.
- On Campus asynchronously:
 - In a supervised environment on campus, they will use our Learning Management System to access the lesson and complete the work.



SECONDARY SCHOOL CONSIDERATIONS:

As listed above, small class sizes will be enforced to accommodate physical distancing. Classes will be capped which may impact students' timetable preferences. Our guidance team will ensure that all Ontario Secondary School Diploma and NCAA Clearinghouse requirements are met.

Secondary Daily Schedule (Tuesday-Friday) Semester 1:

| | Grade 9 and 10 | Grade 11 | Grade 12/ PG |
|-------------|-----------------------------|-----------------------------|-----------------------------|
| 7:30-8:10 | Drop off/health check | Drop off/health check | Drop off/health check |
| 8:10-8:15 | Announcements | Announcements | Announcements |
| 8:15-9:30 | Athletic Period 1 | Athletic Period 1 | Athletic Period 1 |
| 9:35-10:50 | Academic Period 1 – 75 mins | Academic Period 1 – 75 mins | Academic Period 1 – 75 mins |
| 10:55-12:10 | Academic Period 2 – 75 mins | Academic Period 2 – 75 mins | Academic Period 2 – 75 mins |
| 12:15-12:45 | Lunch A | Supervised Study Hall | Supervised Study Hall |
| 12:50-1:25 | Supervised Study Hall | Lunch B | Lunch B |
| 1:25-2:40 | Academic Period 3– 75 mins | Academic Period 3– 75 mins | Academic Period 3– 75 mins |
| 2:45-4:00 | Academic Period 4– 75 mins | Academic Period 4– 75 mins | Academic Period 4– 75 mins |
| 4:00-4:15 | Pick up | Pick Up | Pick Up |



SECONDARY SCHOOL CONSIDERATIONS:

Secondary Daily Schedule (Monday) Semester 1

| | Grade 9 and 10 | Grade 11 | Grade 12/PG |
|-------------|----------------------------|---------------------------|---------------------------|
| 7:30-8:10 | Drop off/Health Check | Drop off/Health Check | Drop off/Health Check |
| 8:10-8:15 | Announcements | Announcements | Announcements |
| 8:15 – 9:45 | Academic Period 1 -90 mins | Academic Period 1-90 mins | Academic Period 1-90 mins |
| 9:50-11:20 | Academic Period 2-90 mins | Academic Period 2-90 mins | Academic Period 2-90 mins |
| 11:25-11:55 | Lunch A | Supervised Study Hall | Supervised Study Hall |
| 12:00-12:30 | Supervised Study Hall | Lunch B | Lunch B |
| 12:35-2:05 | Academic Period 3-90 mins | Academic Period 3-90 mins | Academic Period 3-90 mins |
| 2:10-3:40 | Academic period 4-90 mins | Academic Period 4-90 mins | Academic Period 4-90 mins |
| 3:40-3:55 | Pick up | Pick up | Pick up |



JUNIOR SCHOOL CONSIDERATIONS:

There will be designated staff and space for recess and nutrition breaks to ensure chances of contact and transmission are minimized.

Junior (Grades 5-8) Daily School Schedule:

Academic Period 1: 8:30am- 9:15am
Academic Period 2: 9:15am- 10:00am
Nutrition/Recess: 10:00am- 10:30am
Academic Period 3: 10:30am- 11:15am
Academic Period 4: 11:15am- 12:00pm
Sport Practice/Secondary Sport/Multisport: 12:00pm- 1:15pm
Lunch/Recess: 1:15pm- 1:45pm
Academic Period 6: 1:45pm- 2:30pm
Snack: 2:30pm- 2:45pm
Physical Education and Literacy: 2:45pm- 3:30pm



ATHLETIC PROGRAMMING

It is an exciting time for The Hill Academy as we are transitioning to our new campus. Athletics are an integral part of the Hill Academy experience. We are proud to be able to provide a campus and facilities that align with our program standards. Our hockey, lacrosse and inaugural golf program will follow the return to sport guidelines from National and Provincial Sport bodies, with safety and optimal programming being the priority. Our school is prepared and well positioned to facilitate a robust athletic offering, while taking the necessary steps to promote health and safety for our staff and students.

Two Primary Objectives of The Hill Academy Athletic Programs:

- Preparation
- Placement

It is the responsibility of our staff to guide the student athletes in their pursuit of future academic and athletic opportunities while ensuring that they are well equipped to thrive when they get there.

Preparation: Holistic approach to overall athletic development

- The Hill Academy provides a development environment like no other. With 200 motivated, high level student athletes and a staff comprised of elite leaders collaborating to create a safe yet dynamic athletic experience.
- If travel is restricted, we have the ability to provide various competitive situations; including red-white games, small area games, school wide tournaments, and NCAA and Junior combines on site.
- Sports psychology, leadership training, goal setting, journaling, strength and conditioning, nutrition, and mindfulness are integrated into our daily programming.
- In an uncertain athletic environment, we are leaders in the field with an emphasis on our development focus; creating a platform for our students to separate themselves and gain a distinct competitive advantage.

Placement: Guidance and Mentorship

- In an uncertain, anxious time for our student athletes, the impact of The Hill support system and individual mentorship cannot be overstated. Our staff provides a consistent presence in our student-athletes' day to day experience at The Hill.
- The Hill is prepared to livestream on site practices and scrimmages, and enhance evaluation tools to compliment the recruiting process. We continue to maintain our 100% placement rate expectation.
- Our staff works alongside all of our student athletes to ensure they have next level opportunities that align with their academic and athletic aspirations. This includes meeting individually with the students, providing on-going feedback, and honest, objective hockey/lacrosse/golf mentorship.



ON CAMPUS LIVING

Move in:

- To limit interactions on campus during move in, boarding students will be assigned a time on September 7th for move in.
- Only boarding students and up to two of their family members will be permitted entry to the residence building during the assigned move in time.
- Masks are mandatory for everyone entering the residence building.
- All individuals entering the residence building will complete a screening questionnaire.
- If a boarding student does not pass the screening, they will receive guidance and information on when they can return to move into residence.
- House Dons will be there to welcome families, collect important information, and answer any questions.

Daily Life on Campus:

- Weekday visitors and trips will not be permitted. Visitors and trips off campus will be restricted to weekends.
- All students must complete a self-administered questionnaire every weekday prior to leaving their residence room.

Boarding Students Experiencing Symptoms:

- If a boarding student is identified with potential COVID-19 symptoms, they will return to their residence room.
- Parents/ guardians will be notified. The residence parents will contact the health care provider designated to the boarding students.
- The student may be subject to self-isolation.

Further information about residences will be communicated in August.





FOR MORE INFORMATION
PLEASE CONTACT:

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