

THE HILL



ACADEMY



AGENDA

1. WELCOME!
2. MEET THE TEAM
3. GRADE 9 DAILY SCHEDULE AND COURSE LIST
4. OSSD REQUIREMENT, NCAA REQUIREMENT
5. OTHER GRADE 9 INITIATIVES
6. GUIDANCE
7. STUDENT LIFE
8. ATHLETIC SCHEDULE AND EXPECTATIONS
9. STRENGTH AND CONDITIONING PROGRAM
10. ATHLETIC THERAPY



ORIENTATION TEAM



Christy Flynn
Principal &
Guidance



Brodie Merrill
Director of
Athletics



Jon Moore
VP
Grades 7-12



Drazen Glisic
Director of
Athlete Development



Tory Merrill
Principal
(Mat Leave)



Jen Bell
Head Athletic
Therapist



Riley Thompson
Coordinator, Player
Development
Program & Sports
Psychology



WELL DONE OVER WELL SAID WE BEFORE ME SWEEP THE SHEDS EMBRACE EXPECTATIONS NEXT HIGHEST LEVEL OF ACHIEVEMENT



‘SPORT IS A LABORATORY FOR LIFE’



HIGHEST LEVEL

Hill academic and athletic programs are established to encourage, challenge, and motivate student-athletes to reach their own HIGHEST-LEVEL level of achievement.



INDEPENDENTLY

Hill student-athletes are taught to make decisions and to work through his/her academics and athletics INDEPENDENTLY. Support will be provided on an ongoing basis with the goal of preparation for “the next level”.



LEADERSHIP

The Hill student-athlete will be given the opportunity to develop and improve LEADERSHIP skills. These skills can be applied throughout the student athlete’s life.



LEGACY

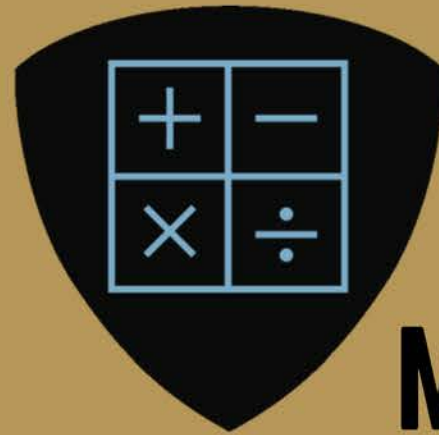
The Hill student-athlete will be shown the value of legacy and will be provided with many opportunities to leave a positive LEGACY at every point of contact.



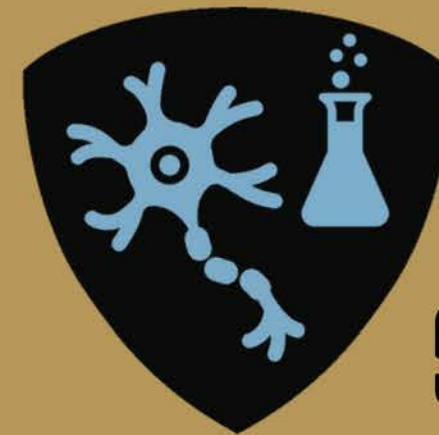
GRADE 9 COURSES



ENGLISH



MATH



SCIENCE



GEOGRAPHY



**ARTS &
DRAMA**



FRENCH



PHYS ED



TECH

SENIOR DAILY SCHEDULE



TIME	EXAMPLE 1	TIME	EXAMPLE 2
8:10-9:30	ENGLISH	8:10-9:30	GEOGRAPHY
9:35-10:55	PE	9:35-10:55	ART
11:00-12:20	SPORT	11:00-12:20	MATH
12:20-1:05	LUNCH	12:20-1:05	LUNCH
1:05-2:25	FRENCH	1:05-2:25	SPORT
2:30-3:50	SCIENCE	2:30-3:50	PE
3:55-4:15	PICK UP		

* Sample schedule





IN-PERSON LEARNING



REMOTE LEARNING



ON CAMPUS ASYNCHRONOUS





OSSD REQUIREMENTS



4 credits – English (1 credit per grade)

3 credits – Math (1 credit in grade 11)

2 credits – Science

1 credit – Canadian History

1 credit – Canadian Geography

1 credit – Arts

1 credit – Health and Physical Education

1 credit – French as a second language

½ credit – Civics

½ credit – Career Studies

1 credit – Technical Education course

1 credit – STEM-related course (Business, Science, Math, Tech, Computer Studies, Co-op)

13 Optional Credits



OSSD REQUIREMENTS



- Grade 10 OSSLT – EQAO
- At least 40 hours of community involvement
- (starting 2025) A **new financial literacy graduation requirement** will be part of the compulsory Grade 10 mathematics course. The purpose of this assessment is to ensure students exit Ontario's school system with both literacy **and** practical financial literacy skills. You will need to achieve a mark of 70% or higher to pass this new requirement.



NCAA (DIV 1) REQUIREMENTS



4 credits – English

3 credits – Math

2 credits – Science

2 credits – Social Science

1 year of additional Math, English, Science

4 credits – Core Courses

Plus:

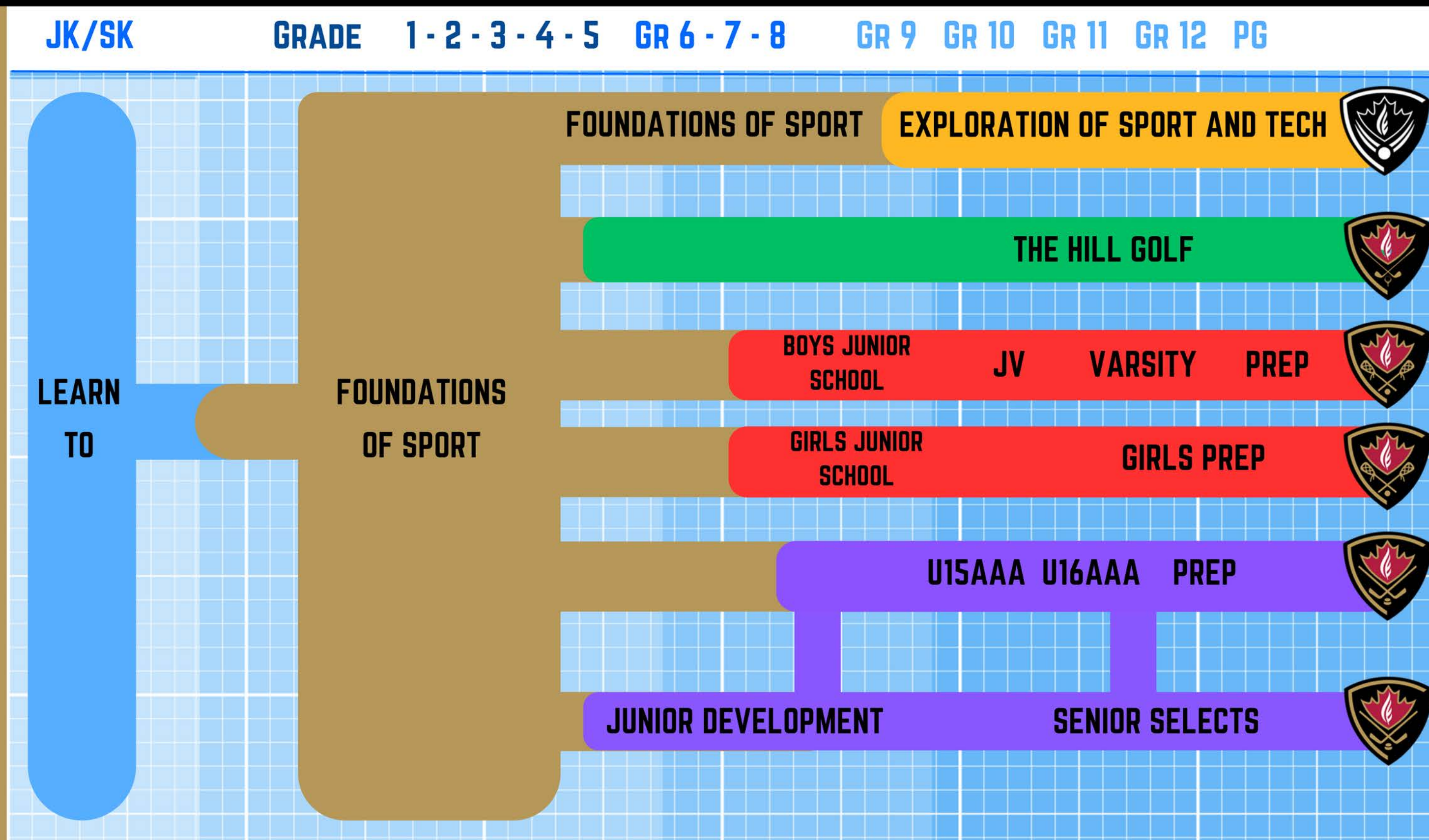
2.3 GPA minimum

*SAT and ACT no longer a requirement for NCAA



GRADE 9 INITIATIVES & IMPORTANT INFO

- EQAO, Literacy Test in Grade 10
- Financial Literacy Test in Grade 10
- 40 Hours of Community Involvement
- Individual Pathways Plan
- Code of Conduct and Academic Eligibility
 - Uniform
 - Technology
 - Attendance and Punctuality
 - Behaviour
 - Academic Integrity





ATHLETE DEVELOPMENT

PROGRAM GOALS



GOOD PEOPLE



PHYSICAL LITERACY



STRONG PHYSICAL FOUNDATION

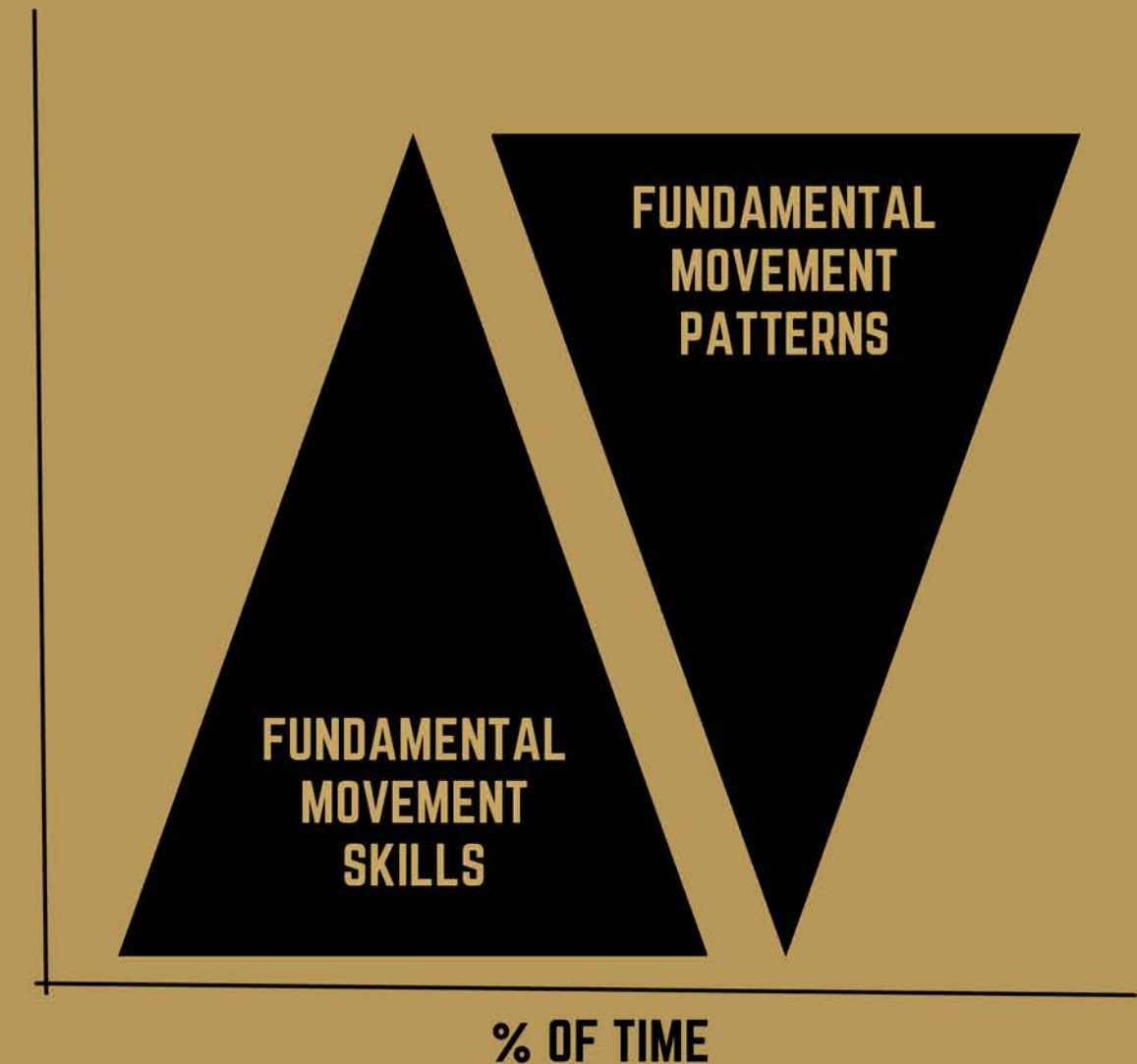
“

*Bad teams, no one leads.
Average teams, coaches lead.
But Elite teams, players lead.*

”

12/PG

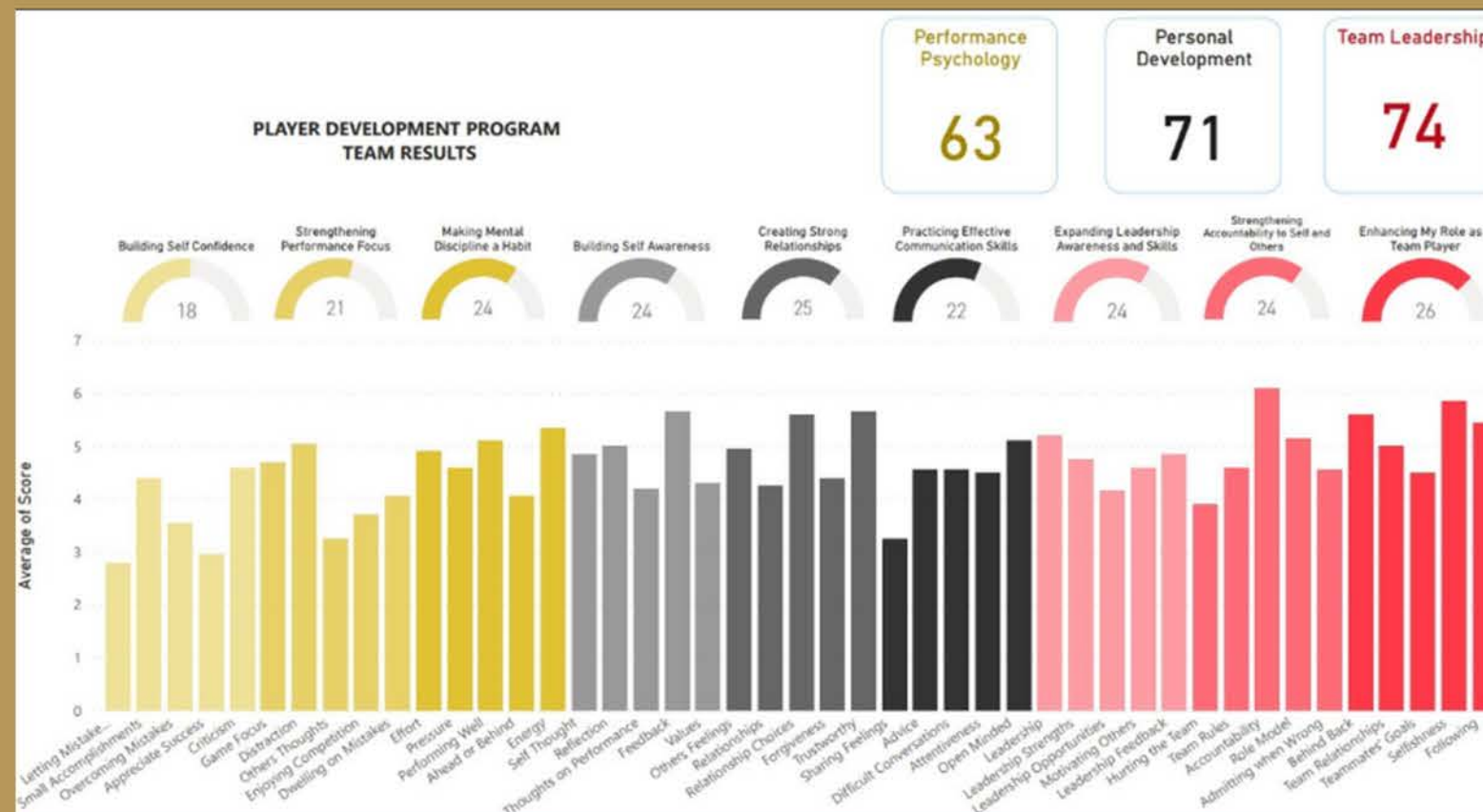
JK/SK





GUIDANCE COUNSELLING AND THE PLAYER DEVELOPMENT PROGRAM

- This model builds upon the idea that The Hill Academy will be a truly transformative experience
- The Hill Academy is the first organization in Canada to embrace this approach
- Coach Thompson's team-based counselling





ATHLETIC THERAPY

- **Athletic Therapy Services**
 - Appointments
 - Pre-season Medical Screening
 - Team Coverage
 - Referral Network
- **Privit**
 - Overview
 - Physician Note





STUDENT LIFE

- **Meal Plan**

- Day students
- Boarding students
- Billeting students

- **Transportation**

- Daily Commuter Bus

- **Boarding**

- Day in the life
- Preparation for University Model

- **Billeting**

- Experience & Matchmaking

