



Junior School Daily Schedule

TIME		TIME	
8:10-8:20	Morning Meeting/Assembly	11:05-11:50	PERIOD 4
8:20-9:05	PERIOD 1	11:50-12:15	Lunch
9:05-9:15	Movement Break (indoor)	12:15-1:00	PERIOD 5
9:15-10:00	PERIOD 2	1:10-1:55	Physical Education
10:00-10:10	Movement Break (snack)	1:55-3:35	Sport Period
10:10-10:55	PERIOD 3	3:35-3:50	Snack/Study Hall
10:55-11:05	Movement Break (outdoor)	3:50	DISMISSAL

- Math, Literacy & Physical Education everyday
- Social Science (History/ Geography), Science, French, and Art
- Social Emotional Learning
- H.I.L.L. Sessions
- Outdoor Education