

THE HILL



ACADEMY



AGENDA

1. Welcome!
2. Meet the Team
3. Grade 9 daily schedule and course list
4. OSSD Requirement, NCAA Requirement
5. Other Grade 9 Initiatives
6. Guidance and Counselling Resources
7. Student Life
8. Athletic Schedule and Expectations
9. Strength and Conditioning Program
10. Athletic Therapy



ORIENTATION TEAM



WELL DONE OVER WELL SAID WE BEFORE ME SWEEP THE SHEDS EMBRACE EXPECTATIONS NEXT HIGHEST LEVEL OF ACHIEVEMENT



ORIENTATION TEAM



CHRISTY FLYNN

DIRECTOR OF ACADEMICS



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ORIENTATION TEAM



JON MOORE

**VICE PRINCIPAL,
SECONDARY SCHOOL**



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ORIENTATION TEAM



TORY MERRILL

PRINCIPAL



WELL DONE OVER WELL SAID WE BEFORE ME SWEEP THE SHEDS EMBRACE EXPECTATIONS NEXT HIGHEST LEVEL OF ACHIEVEMENT



ORIENTATION TEAM



RILEY THOMPSON

**COORDINATOR, PLAYER
DEVELOPMENT PROGRAM &
SPORTS PSYCHOLOGY**



WELL DONE OVER WELL SAID WE BEFORE ME SWEEP THE SHEDS EMBRACE EXPECTATIONS NEXT HIGHEST LEVEL OF ACHIEVEMENT



ORIENTATION TEAM



BRODIE MERRILL

**DIRECTOR OF ATHLETICS,
GM LACROSSE**



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ORIENTATION TEAM



DRAZEN GLISIC

**DIRECTOR OF ATHLETE
DEVELOPMENT**



WELL DONE OVER WELL SAID WE BEFORE ME SWEEP THE SHEDS EMBRACE EXPECTATIONS NEXT HIGHEST LEVEL OF ACHIEVEMENT



ORIENTATION TEAM



JENNIFER BELL

ATHLETIC THERAPIST



WELL DONE OVER WELL SAID WE BEFORE ME SWEEP THE SHEDS EMBRACE EXPECTATIONS NEXT HIGHEST LEVEL OF ACHIEVEMENT



GRADE 9 COURSES



ENGLISH



MATH



SCIENCE



GEOGRAPHY



**ARTS &
DRAMA**



FRENCH



PHYS ED

SENIOR DAILY SCHEDULE



Time	Girls Lacrosse/Varsity Hockey	Time	Boys Lacrosse/Selects Hockey
8:10-9:30	English	8:10-9:30	Geography
9:35-10:55	PE	9:35-10:55	Art
11:00-12:20	Sport	11:00-12:20	Math
12:20-1:05	Lunch	12:20-1:05	Lunch
1:05-2:25	French	1:05-2:25	Sport
2:30-3:50	Science	2:30-3:50	PE
3:55-4:15	PICK UP		

* Sample schedule





OSSD REQUIREMENTS

4 credits – English (1 credit per grade)

3 credits – Math (1 credit in grade 11)

2 credits – Science

1 credit – Canadian History

1 credit – Canadian Geography

1 credit – Arts

1 credit – Health and Physical Education

1 credit – French as a second language

½ credit – Civics

½ credit – Career Studies

1 credit – Group 1

1 credit – Group 2

1 credit – Group 3

*** NEW 1 credit** – Technical Education



NCAA (DIV 1) REQUIREMENTS

4 credits – English

3 credits – Math

2 credits – Science

2 credits – Social Science

1 year of additional Math, English, Science

4 credits – Core Courses

Plus:

2.3 GPA minimum

*SAT and ACT no longer a requirement for NCAA



GRADE 9 INITIATIVES & IMPORTANT INFO

- EQAO, Literacy Test in Grade 10
- 40 Hours of Community Involvement
- Individual Pathways Plan
- Code of Conduct and Academic Eligibility
 - Uniform
 - Technology
 - Attendance and Punctuality
 - Behaviour
 - Academic Integrity



GUIDANCE COUNSELLING AND THE PLAYER DEVELOPMENT PROGRAM

- This model builds upon the idea that The Hill Academy will be a truly transformative experience
- USA Hockey and The Hill Academy are the first organization in each country to embrace this approach
- Coach Thompson's individual and team-based counselling





HYFLEX

IN-PERSON LEARNING



REMOTE LEARNING



**ON CAMPUS
ASYNCHRONOUS**





STUDENT LIFE




- **Meal Plan**
 - Day students
 - Boarding students
 - Billeting students
- **Transportation**
 - Daily Commuter Bus
- **Boarding**
 - Day in the life
 - Preparation for University Model
- **Billeting**
 - Experience & Matchmaking





ATHLETE DEVELOPMENT

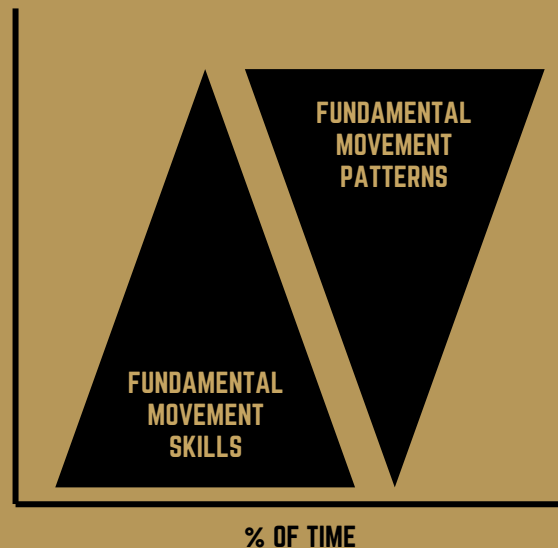
PROGRAM GOALS

-  **GOOD PEOPLE**
-  **PHYSICAL LITERACY**
-  **STRONG PHYSICAL FOUNDATION**

“
*Bad teams, no one leads.
Average teams, coaches lead.
But Elite teams, players lead.*
”

12/PG

JK/SK





ATHLETIC THERAPY

- **Athletic Therapy Services**
 - Appointments
 - Pre-season Medical Screening
 - Team Coverage
 - Referral Network
- **Privit**
 - Overview
 - Physician Note





'SPORT IS A LABORATORY FOR LIFE'

**H**

HIGHEST LEVEL

Hill academic and athletic programs are established to encourage, challenge, and motivate student-athletes to reach their own HIGHEST-LEVEL level of achievement.

**I**

INDEPENDENTLY

Hill student-athletes are taught to make decisions and to work through his/her academics and athletics INDEPENDENTLY. Support will be provided on an ongoing basis with the goal of preparation for "the next level".

**L**

LEADERSHIP

The Hill student-athlete will be given the opportunity to develop and improve LEADERSHIP skills. These skills can be applied throughout the student athlete's life.

**L**

LEGACY

The Hill student-athlete will be shown the value of legacy and will be provided with many opportunities to leave a positive LEGACY at every point of contact.