



The Hill Academy 2021-2022

We are excited to welcome our staff and students back to campus in September! The 2021-2022 school year is approaching, and our Senior Leadership Team has been working to create a re-opening plan that will address the concerns and the questions of our Hill community.

Our leadership team has been researching the guidelines from [Ontario's COVID-19: health, safety and operational guidelines for schools \(2021-2022\)](#), Peel Public Health as well as Provincial and National sport and school organizations in order to develop a model that provides optimal programming for our student-athletes while prioritizing health and safety of our staff and students.

We pride ourselves on our ability to be flexible and innovative while maintaining our strong school culture and HILL core values. We are prepared to adapt our model when and if there are changes to provincial guidelines and/or restrictions.

We are committed to providing a safe and healthy environment for our student-athletes and staff in their pursuit of academic, athletic and personal excellence. We hope everyone in the Hill community is looking forward to another great year!

Minimizing Public Health Risks:

The Government of Canada recommends that all individuals aged 12 and older who are eligible for the vaccine get vaccinated. Both Provincial and Federal Government resources tell us that COVID-19 vaccines are effective ways to keep us from getting and spreading the virus. It is our expectation that all eligible staff and students are fully vaccinated by the start of school (September 7th, 2021).

Daily Screening:

- A mandatory self-administered questionnaire will be performed by all staff and student-athletes daily, prior to arriving on campus.

Exhibiting Symptoms Off Campus or Have Been Exposed to COVID- 19:

The following are directives from Peel Public Health:

Are you fully vaccinated?

You are fully vaccinated if:

- You have received all required doses of an approved COVID-19 vaccine (your second dose of a 2-dose vaccine, or a single dose of a 1-dose vaccine).
- It has been at least 14 days since you received the last required vaccine dose.

If you are immunocompromised, you should continue to follow all standard public health direction (e.g., self-isolate after being exposed to a person who has COVID-19), even if you are fully vaccinated. If you have questions, speak to your healthcare provider.

If you have [symptoms of COVID-19](#):

- You must self-isolate even if you are fully vaccinated. Children or those requiring support with daily living can isolate together with a caregiver.
- Book an [appointment to get tested](#) as soon as possible.
- The people you live with must also self-isolate until your test results come back unless they are fully vaccinated. If anyone in your home develops symptoms, they should get tested right away and isolate even if they are fully vaccinated.
- If you have any severe symptoms, such as difficulty breathing, chest pain or feeling faint, call 911 or go to the emergency department.

If you've been exposed:

- If you've been in close contact with a person who has COVID-19, you must self-isolate for 14 days, even if your test result is negative.
- If you are fully vaccinated and do not have symptoms, you do not need to self-isolate. You must indicate on your daily screen that you are a close contact.

Exhibiting Symptoms On-Campus:

- If a student is identified with potential COVID-19 symptoms, they will be taken to a designated area within the Main Building wearing an appropriate PPE.
- Administration will contact the parent, guardian, or emergency contact, who will pick up the student within 60 minutes at the front of the Main Building on the campus.
- The parent/ guardian/ emergency contact will be advised to contact their public health unit and will be given direction based on the individual's vaccination status.

Promoting and Managing Effective Hand Hygiene:

- Staff and students will undergo training on how to clean their hands properly, respiratory etiquette and a schedule for routine hand hygiene.
- Staff will model and remind students to avoid touching their face, eyes, nose and mouth as much as possible.
- Signs will be posted throughout the school to remind students, staff and essential visitors of hygiene protocols.
- Hand hygiene facilities (hand sanitizer dispensers and sinks/soap) will be readily accessible for students and staff.

Cleaning Protocol:

- The frequency and intensity of cleaning protocols throughout the entire school will be increased with a focus on high touch zones.
- Cleaning products will be distributed throughout the school to wipe down surfaces before and after use.
- Ongoing cleanings will include daily deep sanitizing of every room.

Non-Medical/ Medical Face Mask: Mandatory

- All students are required to wear properly fitted non-medical or cloth masks indoors in school, including in hallways and during classes, as well as on school vehicles. Masks may be temporarily removed indoors for
 - a) Physical education, and
 - b) Snack/lunch in the cafeteria or physically distanced common spaces.
- Students are not required to wear masks outdoors, but distancing will be encouraged between cohorts as much as possible.

Physical Distancing:

- There will be physical distancing requirements wherever possible on campus with an emphasis on a two-metre distance when students are indoors.
- Small class sizes will be enforced in order to ensure appropriate distancing. Furniture in classrooms will be arranged to encourage distancing.
- There will be supervised flex areas that will support students in appropriate distancing during the school day.
- Outdoor spaces will be used whenever possible, weather permitting.
- There will be a staggered dismissal of classes to avoid crowding in the hallways.

Group Distancing:

- Cohorts will be established and will be maintained whenever possible. We will encourage distance within cohorts and between cohorts (while indoors)
- Assemblies will remain virtual, though we will use outdoor and large spaces to congregate when necessary.
- Separate entrances and exits, bathrooms and changeroom times will be assigned for distinct groups of students.

Increasing Outdoor Air Ventilation:

- Weather permitting, within classrooms, windows to the outside will be open to bring in more outdoor fresh air.

Limiting the Number of People on Campus:

- Unless essential, visitors will not be permitted on campus. If essential, the visitor must undergo screening prior to arrival on campus.
- Parent/ guardian meetings will be conducted virtually or by phone.
- Staff that are able to work from home will do so, reducing the number of interactions on the campus.
- Staff meetings will be conducted virtually.

On-Campus Meals:

- Students will have the option to sign up for daily lunch service.
- The sharing of food items or lunches will not be permitted and it is necessary that all students have their own labelled water bottle.
- Students will have designated lunch schedules and areas to enforce physical distancing and ensure chances of contact and transmission are minimized.

Transportation:

- Daily screening survey must be completed prior to getting on The Hill Academy daily transportation.
- Masks are mandatory for everyone on a bus and shuttle services.
- Windows on the bus will be open to increase ventilation.
- Seating plans will be enforced on busses and shuttles

Travel and Quarantine:

- The Hill Academy will abide by all Federal and Provincial guidelines when travelling to and from inter-school, out-of-province and out-of-country events.
- Staff and students who travel out of Canada for holidays must follow all regulations as stipulated by the Government of Canada found [HERE](#).
- Residence and billet students should contact Cindy Bush at cindy@thehillacademy.com for plans and arrangements, including The Hill Academy Quarantine Plan.

Academic HyFlex Programming:

With the hybrid-flexible model, we can maintain the structure of the academic day while offering families the flexibility to do what is safest and most preferable. The goal of the hybrid-flexible model at The Hill is to leverage the use of technology to ensure that students find equal value in both the face-to-face and remote learning experiences.

With a hybrid-flexible model, the Hill Academy student athlete can attend classes on the physical campus or in the remote learning environment. Student-athletes will be provided the flexibility to attend classes live in the physical classroom with their teacher and classmates, participate online synchronously, participate online asynchronously or complete their classroom material on-campus asynchronously.

- Live in classroom:
 - Students attend class in the physical classroom with face-to-face interaction with the teacher and classmates.
- Online synchronously:
 - Students are able to attend and participate in a live class with their teacher and peers from a remote setting with WIFI access.
- Online asynchronously:
 - Students have access to class materials to be completed at a time convenient to them. These class materials include but are not exclusive to: pre-recorded lessons (video or audio files), self-guided lesson modules, streaming video content, assigned reading, posted lecture notes, and discussion boards.
- On Campus asynchronously:
 - In a supervised environment on campus, they will use our Learning Management System to access the lesson and complete the work.

Secondary School Considerations:

As listed above, small class sizes will be enforced to accommodate physical distancing. Classes will be capped which may impact students' timetable preferences. Our guidance team will ensure that all Ontario Secondary School Diploma and NCAA Clearinghouse requirements are met.

Secondary Daily Schedule (Tuesday-Friday) Semester 1:

	Grade 9 and 10	Grade 11	Grade 12/ PG
7:30-8:10	Drop off/health check	Drop off/health check	Drop off/health check
8:15-9:30	Period 1 (practice or phys ed)	Period 1 – 75 mins	Period 1 – 75 mins
9:35-10:50	Period 2 (practice or phys ed)	Period 2 – 75 mins	Period 2 – 75 mins
10:50-11:00	Nutrition break	Nutrition break	Nutrition break
11:00-12:15	Period 3 – 75 mins	Period 3 – 75 mins	Period 3 – 75 mins
12:15-1:15	Lunches A and B	Lunches A and B	Lunches A and B
1:15 – 2:30	Period 4– 75 mins	Period 4 (practice or phys ed)	Period 4 (practice or phys ed)
2:35-3:50	Period 5– 75 mins	Period 5 (practice or phys ed)	Period 5 (practice or phys ed)
3:55-4:15	Pick up	Pick up	Pick up

Secondary Daily Schedule (Monday) Semester 1

	All Grade 9-12
7:30-8:10	Drop off/Health Check
8:15 – 8:30	Assembly
8:15 – 9:45	Academic Period 1 -90 mins
9:50-11:20	Academic Period 2-90 mins
11:25-12:25	Lunches A and B
12:25-1:55	Academic Period 3-90 mins
2:00-3:30	Academic period 4-90 mins
3:35-3:50	Pick up

Junior School Considerations:

There will be designated staff and space for recess and nutrition breaks to ensure chances of contact and transmission are minimized.

Junior (Grades 5-8) Daily School Schedule:

Academic Period 1: 8:30am- 9:15am
Academic Period 2: 9:15am- 10:00am
Nutrition/ Recess: 10:00am- 10:20am
Academic Period 3: 10:20am – 11:05am
Academic Period 4: 11:05am – 11:50am
Lunch/ Recess: 11:50am-12:05pm
Sport Practice/ Secondary Sport/ Multisport: 12:05pm- 2:05pm
Academic Period 5: 2:05pm-2:50pm
Academic Period 6: 2:50pm-3:35pm

Athletic Programming:

Athletics are an integral part of the Hill Academy experience. We are proud to be able to provide a campus and facilities that align with our program standards. Our hockey, lacrosse and golf program will follow the return to sport guidelines from National and Provincial Sport bodies, with safety and optimal programming being the priority. Our school is prepared and well positioned to facilitate a robust athletic offering, while taking the necessary steps to promote health and safety for our staff and students.

Two Primary Objectives of The Hill Academy Athletic Programs:

- Preparation
- Placement

It is the responsibility of our staff to guide the student athletes in their pursuit of future academic and athletic opportunities while ensuring that they are well equipped to thrive when they get there.